



# March 2026



<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
1 <b><u>Don't Forget:</u></b>	2 Bring a buddy Day! Fun & Fitness	3 Bring a buddy Day! Fun & Fitness	4 Kicks & Strikes on Targets <b>Evening Belt Graduation</b>	5 Kicks & Strikes on Targets <b>Evening Belt Graduation</b>	6 Sparring 6:00	7
8	9 Kickboxing Drills (Bring your pads)	10 Kickboxing Drills (Bring your Pads)	11 Focus Mitts + Heavy Bag (Bring your pads)	12 Focus Mitts + Heavy Bag (Bring your pads)	13 Sparring 6:00	14
15 <b><u>Wash your gear after every class!</u></b>	16 Partner Drills + Footwork/ Stances	17 Partner Drills + Footwork/ Stances	18 Sparring (Bring your pads)	19 Sparring (Bring your pads)	20 Sparring 6:00	21
22	23 Stripe Review	24 Stripe Review	25 Stripe Test	26 Stripe Test	27 Sparring 6:00	28
29	30 	31	April 1	April 2	April 3 	

**-----No Evening Classes-----**

**Spring Break March 30<sup>th</sup>-April 3<sup>rd</sup>**